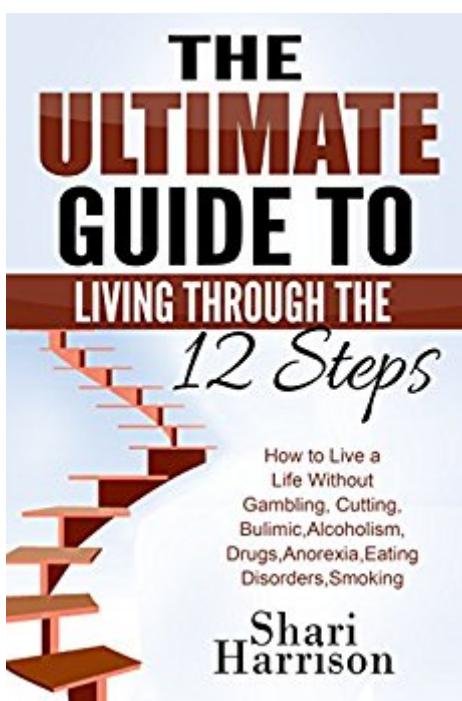


The book was found

The Ultimate Guide Living Through The 12 Steps:- How To Live A Life Without Gambling, Cutting, Bulimia, Anorexia, Eating Disorders, Smoking (addiction ... Disorders,12 Steps)



Synopsis

The Ultimate Guide Living through the 12 Steps-How to Live a Life without Gambling, Cutting, Bulimia, Anorexia, Eating Disorders, SmokingToday only, get this bestseller for just \$0.99. Regularly pricedat \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.Youâ™re about to discover how to...Acknowledge the problem in your life ,accept that there is a problem and help yourself to overcome the situation and issues. Here is an example of what you could learn-Triggers are danger zones and refer to situations or periods wherein you are most prone to slipping back towards your addictive pattern. For instance, the death anniversary of a loved one is fast approaching and you know that during that time, you are likely to start harming yourself again. Or it could be that during lunch break, you know youâ™ll be tempted to grab a smoke. >Do you Gamble?>Do you have an Eating Disorder?>Are you Bulimic?>Anorexia?>Smoking?>Alcoholic?>Drugs or Prescriptions?> Other Addictions?STOP the Suffering NOW!Much, much more!Download your copy today!Take action today and download this book for a limited time discount of only\$0.99! (insert call to action here)

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Eating Disorders Information for Teens: Health Tips About Anorexia, Bulimia, Binge Eating, and Other Eating Disorders (Teen Health Series) Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits)

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